## NEWS RELEASE

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## City of Gering Proclaim January as Radon Action Month

In recognition of the importance of testing homes for radon and in an effort to prevent lung cancer deaths, the City of Gering has proclaimed January Radon Action Month.

Most people know that smoking is the leading cause of cancer, but they may not know that radon is the second leading cause of lung cancer in smokers, and the leading cause of lung cancer in non-smokers. The Environmental Protection Agency estimates that approximately 21,000 lung cancer deaths per year are due to radon exposure.

Radon is a naturally occurring invisible, odorless radioactive gas released in rock, soil, and water that is harmless when dispersed in outdoor air, but when trapped in buildings, can be harmful at elevated levels.

Houses next to each other can have very different radon levels. Elevated radon levels are found in new and old houses, well-sealed and drafty houses, houses with or without basements and houses with every kind of furnace. The only way to know if your home has dangerous levels of radon is to test it. Testing is easy and the winter months are the best time to test. Any resident of the Panhandle can request a radon test from Panhandle Public Health District free of charge to help them determine the current radon levels in their homes.

Free radon test kits are available by emailing mhaas@pphd.org or calling PPHD at 308-487-3600 ext 108.

For additional information visit www.pphd.org and click on the Environmental Health tab. Panhandle Public Health District is working together to improve the health, safety and quality of life for all who live, learn, work and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle Community.